Recurrent Photosensitive Eruption Associated With Gastrointestinal and Neurological Disturbances

Gastrointestinal ve Nörolojik Bozukluklara Eşlik Eden Tekrarlayıcı Fotosensitif Döküntü

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A 64-year-old man presented with tender, dark red and brownish patches on his forearms, that showed recurrence from spring to autumn for the last 3 years. Review of systemic symptoms revealed anorexia, gastrointestinal upset and vomiting, but no diarrhea. He and his wife described depressive mood, attacks of dizziness, which sometimes caused falling, transient attacks of amnesia, and apathia.

The patient's medical history was notable for alcohol consumption since his early adulthood and the amount was increased in the last years. There was no history of diabetes mellitus, tuberculosis, colitis, or similar skin findings in his relatives. Drug history was unremarkable except antiacids and analgesics.

Dermatological examination showed clearly demarcated hyperpigmented, dry and slightly desquamating patches on the extensor surfaces of the forearms and hands. These pigmented patches showed a purplish hue on the upper border. Dull red, scaly macules were seen on the forehead, cheeks, and upper chest (Figure 1). Examination of oral mucosa revealed glossitis with atrophic, beefy papillae.

All laboratory studies including complete blood cell count, blood biochemistry, serum levels of zinc, vitamin B12, and urinalysis were within normal limits.



See p.107 for the answer.